

My phone No° 01404-758679, OR 07549115518

My name is Michael Jarvis, I am 71yrs old and was an Electrician for all of my working career, plus I also helped out on my family farm, starting work at the aged around 12yrs old on the farm.

I have 2 hips replacement, and arthritis in parts of my body coming including my back and hands and ankle joints. I also suffer from a metal breakdown and depression. I had high blood pressure but that is sorted now by taking tablets.

I heard about the Bowen therapy through my wife Tina who heard about it through her school friend, so my wife thought I would benefit from the treatment as I had swollen ankle, could not walk well, tension in my body from stressing, and was getting numbness down the side of my legs, which was very uncomfortable, and gone on for a while.

I must admit I was not sure about it and still have some reserve thoughts about how it work, but my ankle have defenately gone down, the numbness has gone and I can walk further and faster better than I have done in years, So although I dont know what I believe about the Bowen therapy it has defenately help me.

As for Lucy the therapist delivering the treatment, I've got to say that she is has really gentle, quiet and kind personality, and is confident and positive in adminstaling the therapy, there is no rushing about it and she ask questions to make sure she can help with the problems, So I would recommend her to others.

As for if I would use ~~Betsy~~ Lucy

in the future, if I was in  
need I would give her a call  
for an appointment.

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*Marturie,*

*Numele meu este Michael J, am 71 de ani. Am fost electrician; in plus am ajutat familia in munca de ferma inca de la 12 ani.*

*Am soldurile inlocuite si artrita in multe locuri din corpul meu, incluzand spatele, mainile si gleznel. De asemenea sufăr de anxietate si depresie. Tensiunea arteriala este ridicata dar am inceput sa iau tratament.*

*Am auzit de terapia Bowen de la sotia mea, Tina, care a auzit de la colega de scoala si prietena ei. Sotia mea a gandit ca pot sa beneficiaz de acest tratament stiind ca am gleznel umflate si nu pot merge bine; tensiune in corp de la stress si amorteli de-a lungul picioarelor, dureri ce-mi dau disconfort.*

*Trebuie sa admit ca nu am fost sigur de aceasta terapie si inca am rezerve gandind la cum lucreaza, dar spre surpriderea mea, gleznel s-au desumflat foarte repede, amortelile au trecut, au disparut durerile, pot merge mai bine si mai mult, mai repede, ceea ce nu am facut de ani de zile.*

*Nu stiu ce sa cred despre aceasta terapie, dar cu siguranta m-a ajutat!*

*Despre Luminita(Lucy), ca si terapeut, pot spune ca este blanda, confidenta si pozitiva in administrarea terapiei. Nu se grabeste si pune intrebari pentru a se asigura ca ajuta in rezolvarea problemelor.*

*Deci o recomand si altor persoane.*